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Physiology Lessons  
for use with the  
Biopac Student Lab

PC under Windows® 98Se, Me,  
2000 Pro or Macintosh® OS 8.6-9.1

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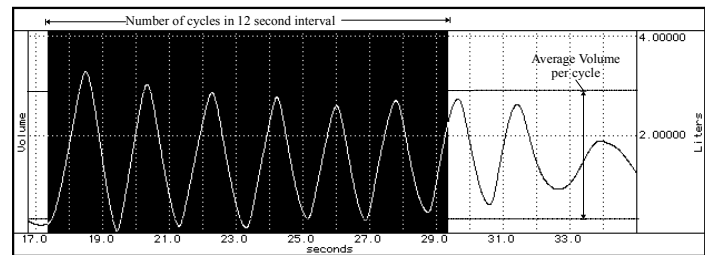
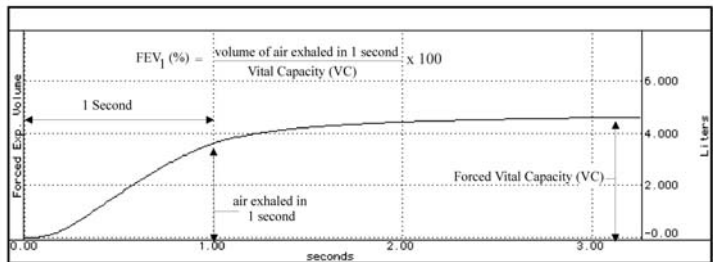
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## Lesson 13 Data Report

### PULMONARY FUNCTION II

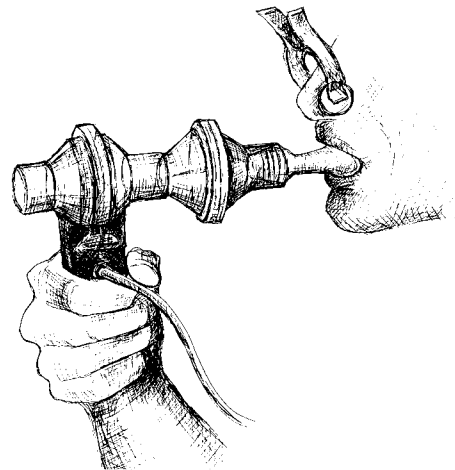
#### Pulmonary Flow Rates

- *Forced Expiratory Volume (FEV<sub>1,2,3</sub>)*
- *Maximal Voluntary Ventilation (MVV)*



Number of cycles/minute = Number of cycles in 12 second interval X 5

MVV = (Average volume per cycle) X (Number of cycles per minute)



Lesson 13

## PULMONARY FUNCTION II

### *Pulmonary Flow Rates*

- *Forced Expiratory Volume (FEV<sub>1,2,3</sub>)*
- *Maximal Voluntary Ventilation (MVV)*

## DATA REPORT

Student's Name: \_\_\_\_\_

Lab Section: \_\_\_\_\_

Date: \_\_\_\_\_

### I. Data and Calculations

#### Subject Profile

Name \_\_\_\_\_

Height \_\_\_\_\_

Age \_\_\_\_\_

Weight \_\_\_\_\_

Gender: Male / Female

#### A. Vital Capacity (VC)

CH 1 p-p measurement: \_\_\_\_\_

#### B. Comparison of FEV<sub>x</sub>% to Normal Values

Table 13.2

Time Interval (sec)	Forced Expiratory Volume (FEV) [p-p]	Vital Capacity (VC) from A	FEV/VC calculate	(FEV/VC) x 100 = % calculate	= FEV <sub>x</sub>	Averages for reference
0-1				%	FEV <sub>1</sub>	83%
0-2				%	FEV <sub>2</sub>	94%
0-3				%	FEV <sub>3</sub>	97%

**C. MVV Measurements** (Note, all volume measurements are in liters)

1) Number of cycles in 12-second interval: \_\_\_\_\_

2) Calculate the number of respiratory cycles per minute (RR):

$$RR = \text{Cycles/min} = \text{Number of cycles in 12-second interval} \times 5$$

Number of cycles in 12-second interval (from above): \_\_\_\_\_ x 5 = \_\_\_\_\_ **cycles/min**

3) Measure each cycle

Complete Table 13.3 with a measurement for each individual cycle. If the Subject had only 5 complete cycles/12-sec period, then only fill in the volumes for 5 cycles. If there is an incomplete cycle, do not record it. (The Table may have more cycles than you need.)

**Table 13.3**

Cycle Number	Measurement [CH 2 p-p]
Cycle 1	
Cycle 2	
Cycle 3	
Cycle 4	
Cycle 5	
Cycle 6	
Cycle 7	
Cycle 8	
Cycle 9	
Cycle 10	
Cycle 11	
Cycle 12	
Cycle 13	
Cycle 14	
Cycle 15	

4) Calculate the average volume per cycle (AVPC):

Add the volumes of all counted cycles from Table 13.3.

$$\text{Sum} = \text{_____} \text{ liters}$$

Divide the above sum by the number of counted cycles. The answer is the average volume per cycle (AVPC)

$$\text{AVPC} = \frac{\text{Sum}}{\text{\# of counted cycles}} = \text{_____} \text{ liters}$$

5) Calculate the  $MVV_{est}$

Multiply the AVPC by the number of respiratory cycles per minute (RR) as calculated earlier.

$$MVV = AVPC \times RR = \frac{\quad}{AVPC} \times \frac{\quad}{RR} = \quad \text{liters/min}$$

## II. Questions

**D. Define Forced Expiratory Volume (FEV).**

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**E. How do the Subject's FEVx values compare to the average per Table 13.2?**

FEV <sub>1</sub>	<i>less than</i>	<i>same as</i>	<i>greater than</i>
FEV <sub>2</sub>	<i>less than</i>	<i>same as</i>	<i>greater than</i>
FEV <sub>3</sub>	<i>less than</i>	<i>same as</i>	<i>greater than</i>

**F. Is it possible for a Subject to have a vital capacity (single stage) within normal range but a value for FEV<sub>1</sub> below normal range? Explain your answer.**

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**G. Define Maximal Voluntary Ventilation (MVV).**

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**H. How does the Subject's MVV compare to others in the class?**

*less than*      *same as*      *greater than*

I. Maximal voluntary ventilation decreases with age. Why?

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J. Asthmatics tend to have their smaller airways narrowed by smooth muscle constriction, thickening of the walls, and mucous secretion. How would this affect vital capacity, FEV<sub>1</sub>, and MVV?

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K. Bronchodilator drugs open up airways and clear mucous. How would this affect the FEV and MVV measurements?

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L. Would a smaller person tend to have less or more vital capacity than a larger person?

\_\_\_\_\_ Less          \_\_\_\_\_ More

M. How would an asthmatic person's measurement of FEV<sub>1</sub> and MVV compare to an athlete? Explain your answer.

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