

DYNAGRIPS option and SS25L Hand Dynamometer

The multi-purpose hand dynamometer adds a new dimension to force measurements. This fully isometric transducer can be used in the traditional hand grip strength fashion, pulled apart by both hands (the DYNAGRIPS option), or mounted against a wall and pulled. The hand dynamometer can be used in isolation, or combined with EMG recordings for in-depth studies of muscular activity. The isometric design improves experiment repeatability and accuracy. The hand dynamometer is designed to interface with the MP30. With the proper equipment and correct scaling techniques described below, precise force measurements can be obtained.

HARDWARE SETUP

Connect the SS25L to the MP30. When using this type of transducer, proper hand placement is at the uppermost portion of the foam grip, directly below the dynagrip connections.

SCALING — SOFTWARE SETUP FOR THE MP30

- 1) Select Setup Channels under the MP30 menu and enable one analog channel.
- 2) Select the desired Hand Dynamometer Preset (Kg or Lbs).
- 3) Click on the View/Change Parameters button.
- 4) Click on the **Scaling** button to activate a dialog box similar to the one shown below:

Change Scaling Parameters				
A1, Hand Dynamometer				
	Input value		Scale value	
Cal1	0.7556 μ	(V	0.0000	
Cal2	0.7819 μ	V	1.000	
	Units labe	el:	Kg	
Cancel			ОК	

- 5) In the **Scale value** column, enter the scaling factors of "0" for **Cal1** and "1" for **Cal2**. These represent 0 and 1 kilograms, respectively.
- 6) Take the SS25L and rest it on the table.
- 7) Click on the **Cal1** button with the mouse to get a calibration reading.
- 8) To obtain a value for the Cal2 box, add 65.75μ V per kg to the value from the Cal1 box.
 - This is done because the MP30 is factory-set to 5V of excitation, so you will always add 65.75µV per kilogram.

TESTING CALIBRATION

To see if the calibration is correct:

- a) Start acquiring data.
- b) Place the hand dynamometer on a flat surface and place a known weight on the uppermost portion of the grip. The weight should be reflected accurately in the data acquired.



Sample Data

SS25L SPECIFICATIONS

Isometric Range:	0-100 Kg
Dimensions:	185mm (long) x 42 mm (wide) x 30 mm (thick)
Nominal Output:	20 µV/kg
Weight:	315 grams
Cable Length:	2 meters